

Does your Business Need a Tune Up?

Presented by BizLaunch

Building and managing a small business is hard work and the success of a business can easily become subsidized by unsustainable stress on the business owner! Without a clear, comprehensive decision-making framework that includes quality of life outcomes, the viability of a business may be dependent on a perpetual, self-sacrificing process. But true business success comes from making personal and professional choices that are both aimed at enhancing synergy and originating from a position of healthy self-interest.

This two-hour interactive workshop offers small business owners a straight forward, scientific approach to addressing the time management challenges every entrepreneur faces. Participants will learn how to apply engineering principles to achieve success and greater well-being through better work-life alignment. Using a process that is effective and easy to understand, each person will identify an action they can implement immediately!

Through engaging exercises, concepts covered will include critical quality attributes, the Pareto principle and “quality-by-design” processes in the context of healthy self-interest. Exploring these ideas will provide everyone with an opportunity to share their specific challenges. Participants will have the chance to discuss their experiences with other small business owners and each will walk away with a short self-assessment used to identify steps they can immediately take to achieve greater well-being!

Thursday, May 16, 2019
9:30 a.m. – 12:00 p.m.



Featuring Presenter:
Nancy Sajjadi, M.Sc.
Founder and Principal Consultant
[Life Quality by Design, LLC](#)

Arlington Economic Development
1100 N. Glebe Road, Suite 1500
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Working Agenda

9:45-10	Sign-in
10-10:15	Welcome and Introductions
10:15-10:30	Overview and Quality of Life Self-Assessment
10:30-11:30	Exploration of Core Concepts and Group Exercises
11:30-11:45	Individual Action Planning
11:45-Noon	Summary and Wrap Up

Fee

Free (Registration Required)

Registration

Please RSVP by **May 15, 2019**

www.arlingtoneconomicdevelopment.com/bizlaunch

For more information contact the AED Events Team:

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